



Line Management & Supervision

Line Management is provided through **east to west** in partnership with the school. This means that annually **east to west** with the school set targets for the year to come and together with an appointed member of staff (normally SENCo or Head of Inclusion) focus on making those goals a reality. The **Relational Support Worker** meets with their **east to west** line manager at least every six weeks.

Supervision is also provided where case files are reviewed and rationale sought for the decisions made by the worker. This ensures that the delivery is of the highest standard and that safeguarding the student and school/ **east to west** is a focused priority. Supervision as with line management happens every four to six weeks.

“My son’s behaviour is much better in school and because of this; things at home have dramatically improved. I feel that this is down to the anger management course he went on as he now controls his anger.”
Mother of student

Funding

As **Relational Support Work** impacts vulnerable students schools utilise Pupil Premium to fund this provision under headings of: Inclusion & Intervention / Pastoral Support / Targeted Intervention for High Need / Social and Emotional Support / Attendance and Disaffection.

Please see below a breakdown of the cost for a **Relational Support Worker** in your school. The cost covers all aspects of the role including Line Management, Supervision and Training. Please note that the **Relational Support Worker** will require a base in the school, including a desk and access to a phone and internet.

| Hours per week in school | Number of students per week (1:1 support) | Cost per annum |
|--------------------------|---|----------------|
| 15 hours | 10 | £14,867 |
| 22 hours | 16 | £20,215 |
| 35 hours | 24 | £29,110 |

To know more

It would be a real pleasure to meet with you and to see how we can support your school.
Please email Ian Smith ian@easttowest.org.uk or call 01784 438007

Current School Partnerships

- Bishop Wand School, Sunbury (since 2012) • Charters School, Sunningdale (since 1999)
Magna Carta School, Staines (since 1999) • Matthew Arnold School, Staines (since 2004)
St Paul’s Catholic College, Sunbury (since 2012) • Sunbury Manor, Sunbury (since 2013)
Thamesmead School, Shepperton (since 2012) • Thomas Knyvett College, Ashford (since 2009)



School Based Relational Support Work





Who is east to west?

Founded in 1996, based in Egham and working across Surrey and the Royal Borough of Windsor and Maidenhead; **east to west** brings **Hope** to over 1,400 Children, Young People and Families each year through Family Link Work, Secondary School Based Relational Support Work, our Supported Lodgings homeless provision and Entry into Employment Work.



At the heart of **east to west** is **Relational Support Work** which is reflected in all of our work and which we define as: **a long term commitment to journey with children, young people and families through the issues that they are addressing.**

“The work of east to west has been vital in transforming the life chances of some of our most vulnerable students. Their flexible approach to providing the bespoke support that some young people need is invaluable. They have made a tremendous difference to the self-esteem and aspirations of young people. In the words of one young lady, ‘I now believe that I can succeed, and I will!’

Nicola Aboud Former Head of School, Thomas Knyvett College

How can we support your school?

east to west has been involved in the life of secondary schools in Surrey and Berkshire since 1999; initially offering youth work provision and Christian education; in 2003 **east to west** pioneered and implemented **Relational Support Work**.

School Based **Relational Support Work** is a proactive and dynamic partnership, basing an **east to west Relational Support Worker** in the heart of a young person’s community; their school.

The **Relational Support Worker** works hand in glove with the school focusing on pastoral care and student well-being. A **Relational Support Worker** will deliver over an average year 371 hours of 1:1 support and 251 person-hours of support groups; addressing issues ranging from Family Breakdown to Self-esteem, Anger Management and Anxiety.

Relational Support Work, as the name implies, is a highly relational approach to pastoral care; journeying with the student for as long as is needed, fostering trust and birthing confidence. **Relational Support Work** provides space; space to reflect on where they are at in life, space to reflect on what is holding them back as well as space to explore what is possible. It’s in this space that students are able to listen and reflect, enabling them to take greater ownership of their lives and be empowered to move forward.

1:1 support: Using a variety of skills the **Relational Support Worker** meets with a student on a weekly or bi-weekly basis; providing a safe environment for the student to talk through the issues that they are facing and to explore positive ways forward.

Support Groups: A group of up to 8 students meeting for one period a week over 6 weeks focusing on topics such as Self-Esteem and Anger Management with the **Relational Support Worker**. There is scope for the student to then move into 1:1 follow up support if required.

Extra-Curriculum: **Relational Support Workers** can be involved in lunchtime and/or afterschool activities such as the Duke of Edinburgh Scheme, where such activities build up student’s confidence.

Top 5 Issues

- 1

Family
- 2

Behaviour
- 3

Anger & Anxiety
- 4

Friendship
- 5

Grief/Behaviour

“My Relational Support Worker helps me by: making me sees things clearly, talking takes the pain away, makes me feel better, makes me smile. I think things will be better because it’s a new beginning. I think I’ll be ok.”

Student

Impact & Outcomes

Personalised to each school; Impact and Outcomes are measured via east to west’s Outcomes Framework. The Outcomes Framework enables the student to be at the centre of the support provided and the school to be able to track and record the progress made.

The school, whilst confidentiality is kept, is able to record and monitor both hard (attendance, academic progress and behaviour) and soft measures (attitude, aspiration and confidence) for each student and gain an overview of the entire year’s impact.

Students engaging with a **Relational Support Worker** can increase their attendance by 25%

Students engaging with a **Relational Support Worker** can increase their positive behaviour scores by 70 points

The overarching outcome for **east to west** is that every student encounters Hope and that Hope nurtures resilience, confidence and the opportunity to thrive.

The **Relational Support Worker** will operate in and through the schools Safeguarding Policy.



“We are more successful as a school because of east to west.”

Tim Smith, Head Teacher, The Magna Carta School

Character & Competence

An integral aspect to **east to west**’s success is our commitment to recruit people of Character and Competence. This means a school can rest assured that their **Relational Support Worker** will embody the ethos of both **east to west** and the school and have been trained by **east to west** to work to a high standard of excellence.

New employees go through a two week induction process and then join in with the existing and on-going **east to west** training programme. Once a month **east to west** delivers development training to all of its team on areas such as: Safeguarding, Sexual Health, Listening Skills and Bereavement Support. This, along with regular supervision, enhances the **Relational Support Workers** learning and reflective practice to ensure the highest levels of delivery.

“My Relational Support Worker gives me: Ideas on how to deal with things, ideas on how to deal with and control anger, someone to talk to, confidence and reassurance.”

Student